



EDUCATION COUNSELING COLLEGE

If you have questions or need advocacy support, our attorneys who specialize in education counseling and disability rights are here to help.

1 EDUCATIONAL ASSESSMENTS

- Make sure IEPs, 504 and all documents are current.
- Get updated evaluations if needed for accommodations.

2 COLLEGE SELECTION

- Research disability-friendly colleges.
- Tour campuses to assess accessibility and support services.
- Do a walkthrough with your child's class schedule and housing in mind.

3 DISABILITY SERVICES OFFICE

- Contact office to learn what's available.
- Submit necessary documentation.
- Ask about housing support if needed.

4 ACADEMIC PREPARATION

- Help your child develop effective study habits and organizational skills. Look into executive functioning coaching if you think it could be helpful.
- Explore assistive technology: Familiarize your child with options that can aid their learning.
- Have student meet with professors on or before first day to review accommodation plan and develop a personal relationship.
- Email accommodation letters to professors and obtain written acknowledgment.
- Find out about tutoring, writing centers, or mentoring.

5 SOCIAL & EMOTIONAL PREPARATION

- Foster independence, by encouraging your child to manage their own schedule and responsibilities.

- Talk about changes and challenges they may face and how to handle them.

6 HEALTH & SAFETY

- Provide updated medical records.
- Go over campus emergency procedures.

7 FINANCIAL PLANNING

- Look into scholarships, grants, and financial aid options for students with disabilities.
- Teach basic budgeting skills.

8 ADVOCACY & SUPPORT KNOW YOUR RIGHTS

- Join parent and student support groups, especially disability-focused ones.
- Encourage socialization: Attend a club fair to explore extracurriculars.
- Teach your child to self-advocate and communicate clearly with professors / staff.

9 POSITIVE REINFORCEMENT

- Recognize and celebrate your child's progress and achievements.
- Provide positive reinforcement to boost your child's confidence and self-esteem.

10 ONGOING SUPPORT

- Stay in touch with your child through regular check ins to monitor progress and well-being.
- Be flexible and willing to adjust plans and strategies as needs evolve.

11 LEGAL DOCUMENTS FOR AGE 18+

- Talk to your attorney about Power Of Attorneys and HIPAA forms or ask us about our Adulting Essentials Toolkit.

Schluter & Hughes
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