



Erin Birt

ATTORNEY, MEDIATOR,
CREATOR OF
RESTORATIVE DIVORCE®



BIRT FAMILY LAW
RESTORATIVE DIVORCE

Hi, I'm Erin

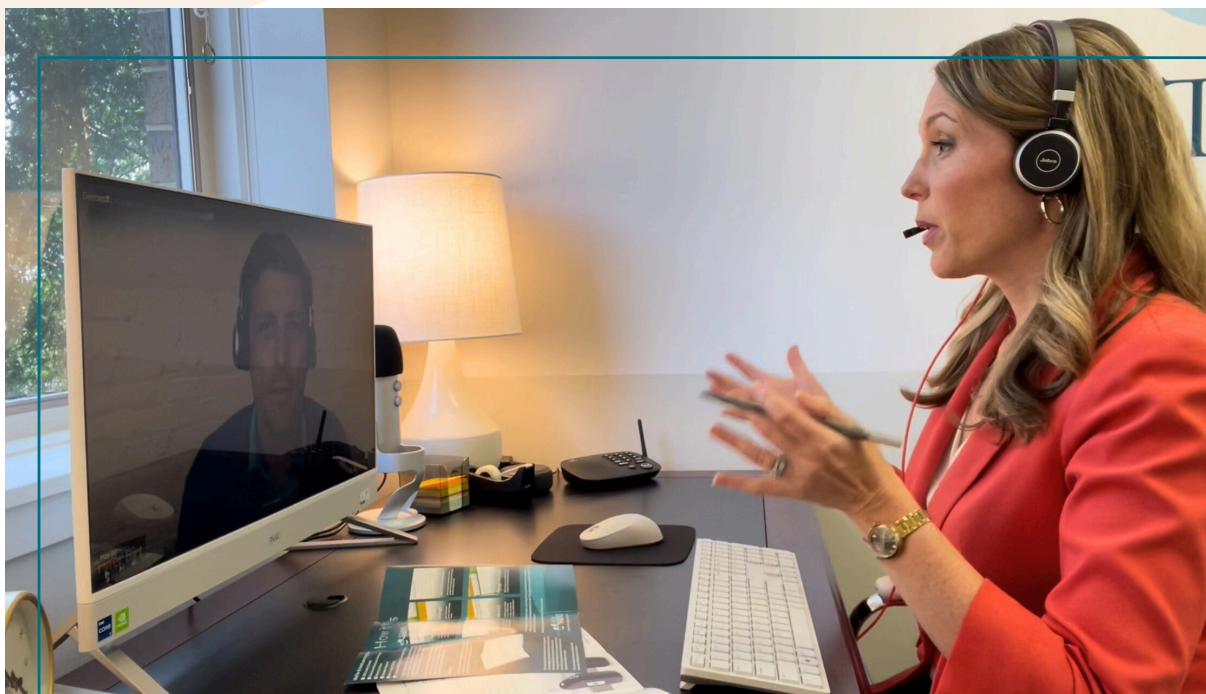


SPEAKER | CE TRAINER | PODCAST GUEST | DIVORCE, CO-PARENTING & OUT-OF-COURT RESOLUTION AUTHORITY

I am an attorney and mediator with over 20 years of courtroom and Guardian ad Litem experience. I now focus exclusively on helping parents resolve divorce outside of court through a structured, practical approach.

I speak and train on how to reduce conflict, protect children, and create clear, workable agreements without unnecessary litigation. My work bridges legal, mental health, and mediation professionals.

My work is designed to give both parents a clear path forward without relying on the court system.



www.birtlaw.com



SPEAKING & CE TOPICS

- How to Keep Families Out of Court: A Structured Approach to Divorce
- Co-Parenting Without Conflict: Practical Tools That Work
- When Substance Abuse Impacts Parenting & Custody Decisions
- High-Conflict Personalities in Divorce: What Professionals Need to Know
- Ethical Boundaries Between Legal, Mental Health, and Mediation Roles
- What Judges Look For and How to Stay Out of Court

BOOKING OPTIONS

- Keynote Speaking
- CE / CLE Presentations
- Workshops & Trainings
- Podcast Guest Appearances

GUEST HOST
OR PRESENTER:



CE programs available for LMFT, LCPC, LCSW, mediators, and legal professionals (pending approval where applicable).

Testimonials

“ I valued Erin's professionalism more than anything. Never at any moment did my confidence waver in her guidance and direction. Her actions are purposeful, direct and were always in my best interest.

- Client - Naperville, IL

“ Erin is easy to work with, understanding, and makes the entire divorce process technically easy for a layman to understand.

- Client - Lockport, IL

The Podcast

[HTTPS://WWW.BIRTLAW.COM/PODCAST](https://www.birtlaw.com/podcast)

The Restorative Divorce Podcast focuses on parents navigating divorce without court involvement.

Episodes cover co-parenting strategies, decision-making frameworks, and practical tools to reduce conflict and create stability for children.

Available for podcast interviews and guest expert appearances.

MOST DOWNLOADED EPISODES

S2 Ep1: The Surprising Signs Your Marriage is on the Verge of Collapse

S2 Ep2: Deeper Dive Into Co-Parenting vs Parallel Parenting

S2 Ep4: Family Law Lessons: The Significance of In-Person Court Appearances, Financial Disclosures, and Mediation Pitfalls

Ep6: Loneliness After Divorce?



MY AUDIENCE

- Parents navigating divorce and co-parenting
- Often initiated by one parent, with both involved over time
- Ages 30–55, professionals and dual-income households
- Focused on resolving matters outside of court
- Professionals in legal, mediation, and mental health fields

Insights for Parents & Professionals



PUBLICATIONS & TOOLS

My work extends beyond speaking engagements and includes the development of practical tools designed to help parents and professionals navigate divorce with structure and clarity.

- **The Kitchen Table Divorce®**
A foundational guide for parents seeking a clear, organized approach to divorce with minimal court involvement
- **90-Day Restorative Divorce® Workbook**
A structured framework designed to support thoughtful decision-making and reduce conflict over time
- **Rudy & Ali: A Listening Ear & A Cozy Corner**
A children's resource offering emotional support and guidance during family transitions

In addition, I have contributed to legal scholarship through published works in The Journal of the DuPage County Bar Association, including:

- "The Changing Role of the Tender Years Doctrine: Gender Bias, Parenthood, and Illinois Law" (Vol. 26, 2013–14)
- "The Implications of Balanced and Restorative Justice for Juveniles in Illinois" (Vol. 30, 2017–18)



MOST VIEWED BLOGS

Facts, Myths + Truths About Soberlink + Child Custody

Child Custody: Co-Parenting Issues With Electronic Devices

A Warning Sign You Might Be Divorcing Too Fast

The Impact of Parental Alcoholism on Child Custody



WHO BOOKS ME

- Professional organizations
- Mediation and legal groups
- Mental health and counseling professionals
- Corporate and workplace groups supporting employees through divorce
- Continuing education providers and professional training organizations

WHAT AUDIENCES GAIN

- Clear understanding of how to reduce conflict in divorce
- Practical frameworks they can apply immediately
- Insight into how court decisions are made (and how to avoid them)
- Tools to better support families navigating separation






GET IN TOUCH

For speaking, training, or podcast opportunities, you can connect here or reach out using the contact information provided.

<https://www.facebook.com/IllinoisDivorceLawyerErinBirt/>

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Thank you - Erin